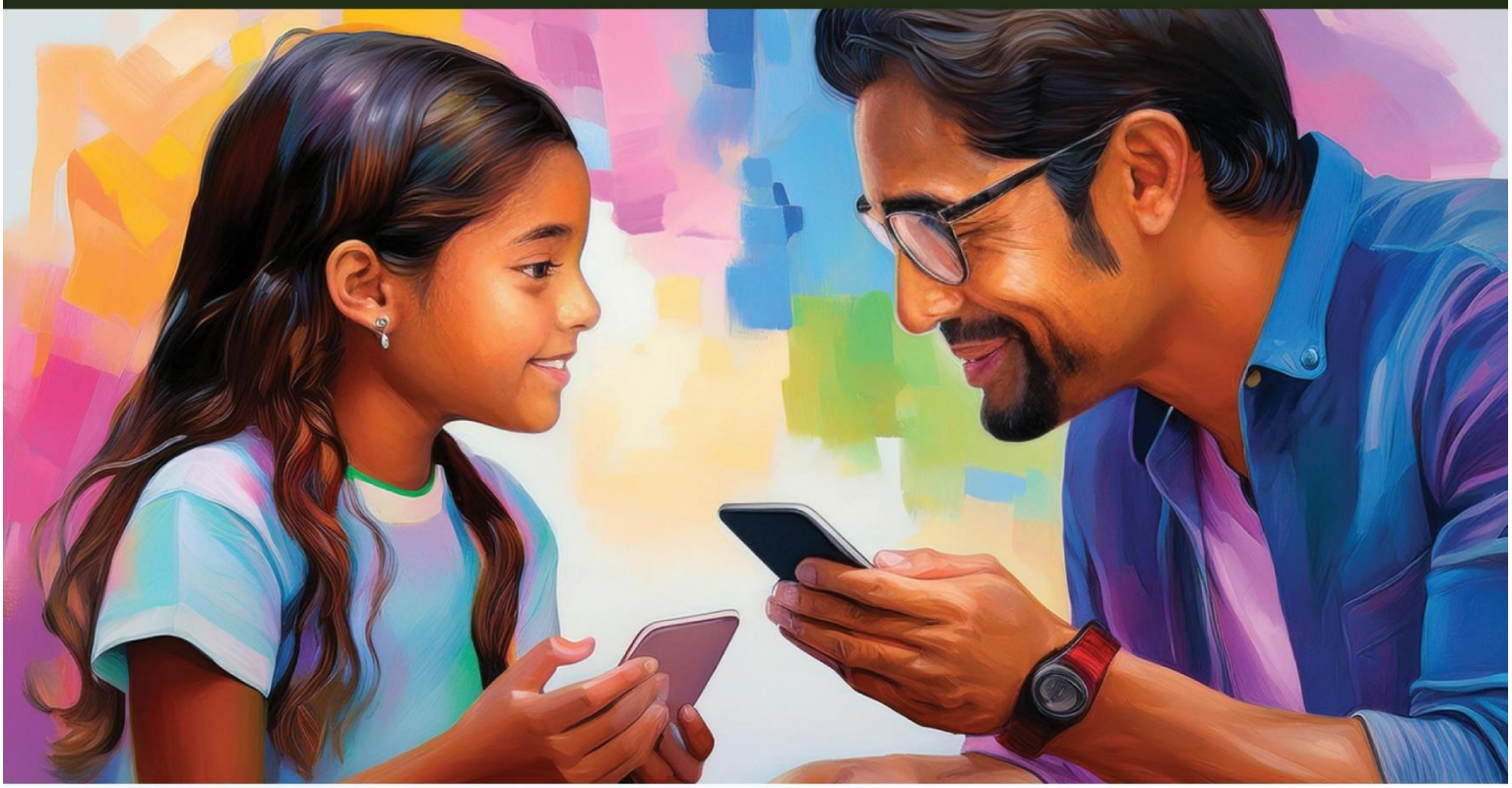
SCREEN TIME



FREE PARENT SESSION ON ONLINE SAFETY AND MEDIA LITERACY

Loudmouth Education and Training is a reputable theatre in education company that has been creating and delivering safeguarding programmes in schools for over 30 years. Loudmouth have been working with Ofcom to create a new programme on online safety and media literacy, and will be delivering this to our Year 6 pupils on Wednesday 25th June 2025.

Keen to find out more? On the same day as the Year 6 session, Loudmouth will deliver a free, 45-minute, awareness raising session for parents and guardians, giving you the opportunity to see the drama that the children are going to watch - you'll also receive some great tips and ideas on online safety and how to spot unreliable content online. This will help if you want to learn more about media literacy – not only for yourself but also to help with any discussions you may have with your child about the programme and any of these issues.

The move to secondary school can be a tricky time, not just for children but for parents too! It can be a challenge trying to work out when is the right time to allow children to have access to a smartphone, how to manage screen time (something we're sure many parents battle with on a daily basis!) and how to protect and support them as they spend more time online.

This 45-minute session will show you the drama element and run through some key info and tips that are taught, including:

- **Online Safety**
- **Spotting Dis and Misinformation**
- **Impact of Online Comments on Wellbeing (including Misogyny)**
- **Communication with Parents about Screen Time**
- **Where to get Help and Support**

The free parent session will take place in the Hall at 9:10 am on Wednesday 25th June 2025 If you would like to attend, please communicate your interest to the school office and remember to pop it in your diary. We look forward to seeing you there!

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education & training through theatre