ST THOMAS MORE CATHOLIC PRIMARY SCHOOL

Horse Shoes Lane, Sheldon, Birmingham, B26 3HU

Principal: Mr Mark McLoughlin

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Christ is the centre of our school community where we live, love and learn together.

September 20th 2024

Dear Families,

Bikeability

We are delighted to offer children in Year 5 the chance to take part in Bikeability cycle training. Bikeability is cycling for everyone. Please see the Bikeability website for more details www.bikeability.org.uk. Class 5C will be training from 7th – 11th October. Class 5T will be training from 14th – 18th October.

What is on offer:

Learn to Ride - Traffic free, playground based
If your child cannot ride a bike, please select the Learn to Ride option. This will enable your child to have a 2-hour training session on the school playground with our qualified Bikeability Instructor.

Level 1 - Traffic free, playground based
If your child can ride without any assistance, then they can take part in Level 1. Level 1 is a playground-based session. This level will go through a range of outcomes to enable riders to be more confident on their bikes. If your child passes level 1 they will be able to move onto Level 2.

Level 2 - Light traffic, on the roads local to the school
Once your child has successfully completed level 1, they will be able to take part in level 2 which takes place on the roads local to the school. This level teaches riders how to ride safely on the road and share the space with other road users.

Your child will need;
- A working bike. This includes 2 working brakes and correctly inflated tyres.
- A helmet. Riders will not be permitted to take part unless they have a helmet.
- Appropriate clothing for the weather. Waterproof, warm clothing. Ideally riders should wear shorts or trousers and not skirts.
- Water bottle.

Consent forms will be given to children to bring home today. Please complete this form and return to school by **Friday 27th September 2023**. Without a completed consent form your child will not be permitted to take part. If your child can ride a bike but does not have a bike at home, they may be able to borrow one. If your child needs to borrow a bike please ensure you complete the relevant part of the consent form.

Yours sincerely,

Mr McLoughlin
Principal