ST THOMAS MORE CATHOLIC PRIMARY SCHOOL

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Principal: Mr M McLoughlin

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Christ is the centre of our school community where we live, love and learn together.

Tuesday 17th October 2023

Dear Families,

We are delighted to offer children in 5C the chance to take part in Bikeability cycle training. Bikeability is cycling for everyone. Please see the Bikeability website for more details www.bikeability.org.uk. Children in 5S will take part later in the year.

What is on offer:

Learn to Ride - Traffic free, playground based

If your child cannot ride a bike, please select the Learn to Ride option. This will enable your child to have a 2-hour training session on the school playground with our qualified Bikeability Instructor.

Level 1 - Traffic free, playground based

If your child can ride without any assistance, then they can take part in Level 1. Level 1 is a playground-based session. This level will go through a range of outcomes to enable riders to be more confident on their bikes. If your child passes level 1 they will be able to move onto Level 2.

Level 2 - Light traffic, on the roads local to the school

Once your child has successfully completed level 1, they will be able to take part in level 2 which takes place on the roads local to the school. This level teaches riders how to ride safely on the road and share the space with other road users.

Your child will need;

- **A working bike**. This includes 2 working brakes and correctly inflated tyres.
- **A helmet**. Riders will not be permitted to take part unless they have a helmet.
- **Appropriate clothing for the weather.** Waterproof, warm clothing. Ideally trainees should wear shorts or trousers and not skirts.
- **Water bottle.**

Consent forms were given to children to bring home today. **Please complete this form and return to school by Thursday 19th October 2023. Without the consent form your child will not be permitted to take part. If your child can ride a bike but does not have a bike at home, they may be able to borrow one. If your child needs to borrow a bike please email enquiry@sttommor.bham.sch.uk by Thursday 19th October.**

Faithfully,

Mr M McLoughlin
Principal